

mains

Homemade steak cheeseburger on a keto bun with sweet potato chips

£10

Served with baby tomatoes, kale and homemade ketchup



Allergens: Eggs, sesame, almonds, sulphites, dairy

Willow baked chicken with salad and sweet potato chips

£8

Baked and breaded free range chicken with salad, slaw and sweet potato chips



Allergens: Egg, mustard, sulphites

Haddock fish & chips

£8

Battered haddock served with sweet potato chips with pea puree and salad garnish



Allergens: Sulphites, mustard, egg in the tartare sauce

Vegan falafel burger

£8

Served with squash, kale, beetroot and avocado coleslaw **Option:** With or without mushrooms



Allergens: Almond, mustard

Sweet potato chips

£4

With either Willow ketchup or classic mayo



Hummus & mixed veggie spears

£3.50

Allergens: Sesame

desserts

Chocolate cake with coconut ice cream

£5



Allergens: Dairy, almonds, egg

Gelato-style ice cream

£5

Choose 2 scoops of our homemade ice cream. Ask your server which flavours are available.



Cheesecake by B-Raw Cakes

£5.95

Raw vegan, dairy and egg free and organic Tiramisu | Lemon & blueberry | Raspberry Orange & chocolate | Raspberry & choc



Allergens: Nuts (cashew, almond, brazil & pistachio)

The Willow Allergy Adventure

Help Olive the Owl

avoid the nasty allergens in the food maze and join her friend Will the Pigeon in *Health & Vitality Land*



Free-from	Vegetarian/Vegan	Low carb	Protein rich	Paleo	Lower sugar	Healthy fats	Low FODMAP
gluten-free	grain-free	dairy-free	vegetarian	vegetarian and vegan			

drinks

ALIBI HEALTH DRINKS (330ml)

- Sparkling blueberry £3.50
- Sparkling citrus £3.50
- Sparkling pomegranate £3.50

FROBISHERS JUICE & FUSIONS (250ml)

- Orange £2.99
- Apple £2.99
- Grapefruit £2.99
- Fusion apple & raspberry £2.99
- Bumbleberry £2.99
- Fusion apple & mango £2.99

MANGAJO (250ml)

- Pomegranate & green tea £2.99
- Lemon & green tea £2.99
- Acacia berry & green tea £2.99
- Goji berry & green tea £2.99

FEVER TREE (200ml)

- Elderflower tonic £1.99
- Premium lemonade £1.99
- Ginger beer £1.99
- Ginger ale £1.99

Food allergies are serious. Be a good chum and don't make fun