

mains

Meatballs with tomato with sweet potato chips and tenderstem £9

Allergens: Egg

Haddock fish & chips £8

Battered haddock served with sweet potato chips with pea puree and salad garnish

Allergens: Sulphites, mustard, egg in the tartare sauce

Chicken fingers with sweet potato chips and salad £9

Baked and breaded free range chicken with salad, slaw and sweet potato chips

Vegan falafel burger £10

Served with squash, kale, beetroot and avocado coleslaw **Option:** With or without mushrooms

Allergens: Almond, mustard

Sweet potato chips £4

With either Willow ketchup or classic mayo

desserts

Chocolate cake with babana ice cream £5

Allergens: Dairy, almonds, egg

Gelato-style ice cream £5

Choose 2 scoops of our homemade ice cream. Ask your server which flavours are available.

Cheesecake by B-Raw Cakes £5.95

Raw vegan, dairy and egg free and organic

Tiramisu | Lemon & blueberry | Strawberry Orange & chocolate | Raspberry & choc

Allergens: Nuts (cashew, almond, brazil & pistachio)

The Willow Allergy Adventure

Help Olive the Owl

avoid the nasty allergens in the food maze and join her friend Will the Pigeon in *Health & Vitality Land*



Free-from	Vegetarian/Vegan	Low carb	Protein rich	Paleo	Lower sugar	Healthy fats	Low FODMAP
gluten-free	grain-free	dairy-free	vegetarian	vegetarian and vegan			

drinks

ALIBI HEALTH DRINKS (330ml)

- Sparkling blueberry £3.50
- Sparkling citrus £3.50
- Sparkling pomegranate £3.50

FROBISHERS JUICE & FUSIONS (250ml)

- Orange £2.99
- Apple £2.99
- Grapefruit £2.99
- Fusion apple & raspberry £2.99
- Bumbleberry £2.99
- Fusion apple & mango £2.99

MANGAJO (250ml)

- Pomegranate & green tea £2.99
- Lemon & green tea £2.99
- Acacia berry & green tea £2.99
- Goji berry & green tea £2.99

FEVER TREE (200ml)

- Elderflower tonic £1.99
- Premium lemonade £1.99
- Ginger beer £1.99
- Ginger ale £1.99

Food allergies are serious. Be a good chum and don't make fun