

SUNDAY AT THE WILLOW



THE WILLOW ROAST

All served with roasted sweet potato & courgettes, broccoli and green beans, with signature gravy and Yorkshire pudding. Cut the Yorkshire pudding to make your roast entirely allergen free and Paleo.

Served with a choice of homemade horseradish or mustard

Aged Aberdeenshire rib of beef £17.50



Allergens: egg, dairy

KID'S ROAST BEEF £8

Aylesbury free range poussin £14.50



Allergens: egg, dairy

KID'S ROAST POUSSIN £8

Buckinghamshire organic lamb rump £18.50



Allergens: egg, dairy

KID'S ROAST LAMB £8

STARTERS

Tender Meatballs in Basil Tomato Sauce £8.50



Allergens: Eggs

Seasonal Soup of the Day £5.5

Served with toasted organic sourdough bread. Ask the floor staff for the soup of the day options.



Allergens: Eggs

Crunchy Rainbow Salad with a Light Vinaigrette £6.5/12.5

Enjoy a rainbow of colour from nine fresh veggies.



Allergens: Sulphites

Add your choice of topping:

Activated Nuts (50g) £1.50 Allergens: Nuts (almond, walnut, cashew)

Prawns (80g) £3 Allergens: Crustacean **Grilled chicken** (75g) £2

MAINS

Crispy Vegan Falafel Burger £14.95 KID'S £10

As featured in national publications, our homemade falafel in a portobello mushroom bun is tempting enough to lure away dedicated carnivores to vegan shores for multiple visits.

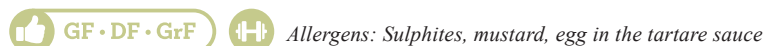


Allergens: Nuts (almond), mustard

Haddock Fish & Chips £15.95 KID'S £9

Battered haddock with sweet potato chips, pea purée & salad garnish.

Served with a choice of homemade tartare sauce or ketchup.



Allergens: Sulphites, mustard, egg in the tartare sauce



Free-from



Vegetarian/Vegan



Low carb



Protein rich



Paleo



Lower sugar



Healthy fats



Low FODMAP

gluten-free

grain-free

dairy-free

vegetarian

vegetarian and vegan